

Friendship

Acceptance is the basis of real friendship

Broken friendships can be repaired

Communication is the key to developing friends

Deep friendships take time and effort

Ear – give a listening ear to others

Foibles – they will have some – so do you.

Give of yourself to your friends

Honesty is essential

Issues should be dealt with a.s.a.p.

Justifying yourself should not be necessary

Know their pet likes/dislikes – friends do that

Levels of friendship are important

Mentoring can be part of a friendship

Never gossip or criticise your friend to others

Organise fun things to do together

Popularity isn't always a good thing

Question – how good a friend are you?

Resist the urge to interfere in off limit subjects

Support wholeheartedly – especially in crisis

Trust is one measure of a friend

Understand your differences

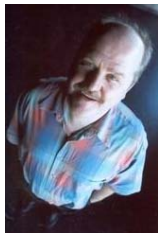
Value is not achieved by the number of your friends

Want a friend? Then be a friend

Xtra time spent = deeper friendship

You'll find some people that you just don't click with

Zero in on things you have in common



About Nigel

Nigel has been paid to work with young people since 1991 and did it voluntarily before then. He actually believes he hasn't been to work since then because he enjoys himself so much. He is available for private consultation and coaching as well as having resources available e.g. **Understanding Teenagers A-Z**.

Teencoach - Helping Young People Find A Better Way

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